3 Categories: High Risk BRUE. Low Risk BRUE. Not a BRUE

**Approach to BRUE**

1) **History: Is this a BRUE?**

2) **History: Is this LOW RISK?**

3) **History: Do they have RED FLAGS?**

   - Abuse: SIDS or BRUE in sibling? Mental Illness at Home? Drugs?
   - Cardiac Dysrhythmia: Family Hx Sudden, Unexplained, Death
   - Infection: Fevers, Immunizations, Sick Contacts, Rash

4) **Exam: Vitals + HENT (Look for Shaken Baby)**

   - Bulging Fontanelle, Petechia, Torn Frenulum, Blood

5) **Pick 1 of 3 categories and Treat**

   - **NOT a BRUE**: Treat according to standard of care
   - **HIGH risk BRUE**: Admit and treat according to standard of care
   - **LOW risk BRUE**: Discharge without testing

   **Only possible exception is EKG and pertussis**

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**Definitions**

- **Brief**: <60 seconds
- **Resolved**: Back at Baseline in ED (Including Vitals)
- **Unexplained**: No symptoms other than event
- **Event**: (Any combinations of these 4 things)
  - Change in TONE
  - Change in COLOR
  - Change in BREATHING
  - Change in MENTAL STATUS

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**Low Risk (5 Criteria)**

- Age >2 months
- Born at >32 weeks GA
- First and only episode
- No CPR by medical providers
- No “Red Flags”
  - For Shaken Baby
  - For Cardiac Dysrhythmia
  - For Infection

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References: http://pediatrics.aappublications.org/content/137/5/e20160590