

BREATHING

Breathing Equals Two Things... FiO2 and PEEP

The ABCs

1) Suction

2) Move the Tongue

Head Tilt, Jaw Thrust, Chin Lift

NP and OP Airway Adjuncts

3) Add FiO2

Non Rebreather Mask
(Breathing)

Bag Valve Mask (Not
Breathing)

4) Add PEEP

Ask for BiPAP (Breathing)

Ask for Intubation Equipment
(Not Breathing)

5) Fill the Tank

Fluid Bolus

6) Find Clogged Pipes

Tension Pneumothorax

Pulmonary Embolism

Cardiac Tamponade

7) Squeeze Broken Pipes

Vasopressors

8) Check the Pump

EKG

Approach to Breathing

Move Fast!!! Hypoxia Kills People Quickly!!!!

1) Add FiO2

If the patient is breathing- Use NON-REBREATHER Mask

If the patient is NOT breathing- Use BAG-VALVE Mask

2) Add PEEP

You cannot add PEEP within 60 seconds, but you CAN request the equipment

If the patient is breathing- Ask for BIPAP

If the patient is NOT breathing- Ask for INTUBATION equipment

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**\*\*I know what you are thinking.. YES! Managing hypoxia is only TWO STEPS. Keep it simple, because C is where things start to get more difficult\*\***