The Big 6 Pain Medicines

1) ORAL Acetaminophen (Tylenol)
Every 4-6 hours
Regular Strength: 325mg. Extra Strength: 500mg.
Maximum Daily Dose: 3g

2) ORAL Ibuprofen
Every 4-6 hours
Regular Strength: 200mg
Therapeutic Ceiling: 200-400mg

3) ORAL Hydrocodone-Acetaminophen (Vicodin, Norco, etc)
Every 4-6 hours
5mg, 7.5mg, 10mg hydrocodone PLUS 325 tylenol
*Maximum daily acetaminophen dose 3g*

4) IV/IM Ketorolac (Toradol)
Common Doses: 15mg, 30mg, 60mg
Therapeutic Ceiling: 10mg

5) IV/IM Morphine
0.1 mg/kg. Titrate and repeat as necessary
Approximately 7mg/dose in adults

6) IV/IM Hydromorphone (Dilaudid)
0.015 mg/kg. Titrate and repeat as necessary
Approximately 1mg/dose in adults