

PRE-ECLAMPSIA

Never glance over a pregnant woman's blood pressure...

Pre-Eclampsia

BP 135/85 PLUS protein in the urine = Pre-Eclampsia

Every pregnant patient >20 weeks AND recently postpartum needs their BP checked.

Pathophysiology Unknown

Multi-Organ Damage (Including Baby)

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Eclampsia = Pre-Eclampsia PLUS seizures

HELLP = Hemolysis and low platelets (CBC) PLUS damaged liver (LFTs)

## Approach to Pre-Eclampsia

### 1) The 4 Big Symptoms

Swelling

Headache

Vision Changes

Abdominal Pain

### 2) Labs

Urinalysis (For Proteinuria)

Complete Blood Count (For Hemolysis and Low Platelets)

Electrolytes

Liver Panel (For HELLP Syndrome)

### 3) Start Magnesium

\*REMEMBER: HyperMag = HypoReflexia

### 4) Control the Blood Pressure

Consider either Hydralazine or Labetelol

### 5) ADMIT

Pre-Eclampsia Damages Baby

All Patients Need Fetal Monitoring