

TRAUMA

Airway/C-Spine. Breathing. Circulation. Disability. Exposure. Secondary Survey.

Orders

Labs to Consider

TYPE AND SCREEN!!

CBC

Electrolytes

Urinalysis

EKG

Blood Alcohol Level

Lactic Acid (if suspecting shock)

Imaging to Consider

CT Head

CT Face

CT Neck

CT Chest

CT Abdomen/Pelvis

Retrograde Urethrogram

Additional X-Rays

Treatments to Consider

Blood Products

Tetanus

Approach to Trauma

A) Airway/C-Spine

Immobilize the C-Spine

If they can't talk, they can't open their airway = Intubate

B) Breathing

Tachypnea, hypoxia, or respiratory distress = O₂

Look at trachea and auscultate chest for tension pneumothorax or hemothorax

If suspicious, needle decompress and chest tube

C) Circulation

Stable = Additional Imaging

Unstable = Surgery

D) Disability/Altered Mental Status

Pupils + GCS

If suspicious for brain injury, CT head without contrast

E) Exposure

Undress the patient and give them warm blankets

SS) Secondary Survey/Bedside Imaging Adjuncts

Visualize EVERYTHING. Palpate EVERYTHING

Bedside Chest/Pelvic X-Rays and FAST scan