TRAUMA


Orders

Labs to Consider
- TYPE AND SCREEN!!
- CBC
- Electrolytes
- Urinalysis
- EKG
- Blood Alcohol Level
- Lactic Acid (if suspecting shock)

Imaging to Consider
- CT Head
- CT Face
- CT Neck
- CT Chest
- CT Abdomen/Pelvis
- Retrograde Urethrogram
- Additional X-Rays

Treatments to Consider
- Blood Products
- Tetanus

Approach to Trauma

A) Airway/C-Spine
- Immobilize the C-Spine
- If they can't talk, they can't open their airway = Intubate

B) Breathing
- Tachypnea, hypoxia, or respiratory distress = O2
- Look at trachea and auscultate chest for tension pneumothorax or hemothorax
- If suspicious, needle decompress and chest tube

C) Circulation
- Stable = Additional Imaging
- Unstable = Surgery

D) Disability/Altered Mental Status
- Pupils + GCS
- If suspicious for brain injury, CT head without contrast

E) Exposure
- Undress the patient and give them warm blankets

SS) Secondary Survey/Bedside Imaging Adjuncts
- Visualize EVERYTHING. Palpate EVERYTHING
- Bedside Chest/Pelvic X-Rays and FAST scan