

## Pediatrics 101

11/19/2017

This is a core approach to the pediatric patient in the emergency room. Use this approach to help you develop a consistent and systematic evaluation of the pediatric patient!

- 1) Core body function status (P-I-S-S status)
  - Peeing – how many wet diapers per day? Same as usual? Looking for dehydration.
  - Intake – easy unless infant, rule of thumb (rule of 3) is breast or bottle feedings should occur about every 3 hours and include about 3 oz. per feeding.
  - Sleeping – has this changed? more or less?
  - Stooling – progresses from dark meconium to color of intake (tan/yellow)
- 2) Pediatric history
  - Prebirth = prenatal care, pregnancy issues, GBS status
  - Peribirth = gestational age, vaginal or C/S, “how long was the baby in the hospital after birth?”
  - Postbirth = standard medical/surgical history and medications
- 3) Immunizations – ask if infant/child has had their 2, 4, and 6 month core immunization sets
- 4) Pediatric vital signs – vitals are vital!!! Age adjusted vitals are hard to remember. Find a system to remember them. Consider a card behind your badge.
- 5) Do a ABCDEF pediatric physical exam (appearance, behavior, color, distractibility, ENT, and fully undress for complete assessment – more info in the following episode!

## Quick Facts

- See episode “Pediatric Exam” on 11/26/2017 for the ABCDEF pediatric physical exam!
- Don't miss pediatric sepsis because you didn't look at age adjusted vital signs!
- The P-I-S-S status replaces a lot of the pertinent positives you would get from an adult.