

## Travel Emergencies

11/12/2017

If you see a **patient with fever + recent travel** -> please think about **malaria, malaria, and malaria!**

Approach to the feverish traveler

- 1) **Ask your patients** if they have traveled! (within 1 year is cutoff for malaria)
- 2) **Take a travel history:**
  - when, where, place they stayed, sleeping situation, exposures to things like animals, weird food, sexual diseases, or sick people.
  - Malaria is of concern in tropic areas, off trail activities, with mosquitoes
- 3) **As about prophylaxis** (esp. malaria)
  - Did you see a Dr. before leaving?
  - Did you take immunizations or medicines?
  - Did you keep taking them after you returned from travel?
- 4) **Go to CDC website**, pick the country, and read – tells you if country has important diseases in a travel differential (such as malaria, dengue, and typhoid).
- 5) **Test for malaria** when possible with a thick and thin blood smear

Quick Fact: Find great study material at the CDC yellow book!