

Blood Products

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Type and Screen? Type and Rh? Type and Cross? Emergency Release? I never received a talk in medical school about how to give blood to patients. So when I started residency, I was surprised and confused by how many options I could select when placing orders for blood! This episode covers the basic terminology you need to know so that you can sound smart on your clerkship.

The 4 orders you need to know:

1. Type and Rh
 - a. Blood type: A, B, AB, or O
 - b. Rh factor: pos (+) or neg (-)
 - c. Order for: **pregnant patients with vaginal bleeding**
 - d. Useful for: knowing whether to give RhoGam in Rh (-) women exposed to Rh (+) fetal blood
2. Type and Screen
 - a. Blood type: A, B, AB, or O
 - b. Rh factor: pos (+) or neg (-)
 - c. Antibodies: pos (+) or neg (-) *Looks for Ab's to ALL possible RBC antigens*
 - d. Order for: **pt who might need a blood transfusion** (ex. GI bleed)
 - e. Useful for: facilitating blood order from lab (order early, 30 min test)
3. Type and Crossmatch
 - a. Blood type: A, B, AB, or O
 - b. Rh factor: positive (+) or negative (-)
 - c. Antibody screen: pos (+) or neg (-) *Looks for Ab's to ALL possible RBC antigens*
 - d. Crossmatch: pre-mixes specified units of requested blood with patient's blood
 - i. Final safety check before a blood transfusion
4. Emergency release blood
 - a. Universal donor blood: O (-)
 - b. No time to wait for type and screen (when you have < 30 min to save the pt's life)
 - c. Order for: **pt who is dying in front of you**

The basics:

- RBC antigens determine blood type
- We screen for RBC antigens by looking for their corresponding antibodies
- A, B, and Rh are the most common RBC antigens (screened for by "Type and Rh")
- But HUNDREDS of other RBC antigens exist, as well (screened for by "Type and Screen")
- Rh (-) women are born without Ab's to Rh antigen. Mother can have Rh (+) babies, but **Hemolytic disease of the newborn** may arise in future pregnancies if mother's blood mixes with fetal blood (birth trauma, etc), leading to Rh antigen exposure and maternal IgG antibody formation